



Maryland Fire Chiefs Association

Safety and Health Committee

Minutes of meeting held July 29, 2024

The Safety and Health Committee of the Maryland Fire Chiefs Association held a meeting on June 29 via Zoom.

Members of the committee present were

David Lewis, Chairman
Joe Chornock
Rhonda Cohen
John Long
Pete Mellits
Dave Reid

The meeting was scheduled to discuss the proposed content for the October issue of Back Step Talks. The October issue will be focused on Life Safety Initiative #13, Psychological Support. This topic was covered in Issue 15, December 2022, and our goal for this next issue should be to cover new material.

The following topics and writing assignments were assigned:

- Cover page summary of LSI 13 – Dave Reid
- Summary of the NFFF Life Safety Summit (being held August 27-29) – John Long & Dave Lewis
- NVFC Psychologically Health Fire Department program and training – Dave Lewis
- Fortitude overview and the Caring Bridge – Dave Lewis to research and write
- Update from Scott Geiselhart – 10 years after – Joe Chornock to coordinate with Scott
- Susan Hilton personal struggles – John Long to coordinate with Susan
- Effect of Caffeine of Anxiety and Stress - Rhonda

The upcoming schedule for committee actions is (dates tentative and subject to change):

August 19 (3rd Monday) – Committee meeting to review progress
September 15 - Inputs due for October issue
September 23 – Draft released to committee for review
September 30 – Meet by Zoom to review October draft
October 1 – Release of Back Step Talks

The committee will meet again (via Zoom) on Monday, August 19, at 7pm. An invite from the Zoom account will be sent out prior to the meeting.

Thanks again for everyone's continued support and participation.

Submitted by: David Lewis, Chairman